

THE CONSERVATORY

SUMMER 2019 SCHEDULE

Tuesday	5:00-6:00	Foundational Ballet A
	6:00-7:30	Youth and Adult Ballet A
	7:30-8:30	Pointe A
Wednesday	5:00-6:00	Foundational Workshop Series
	6:00-7:30	Youth and Adult Workshop Series
Thursday	5:00-6:00	Foundational Ballet B
	6:00-7:30	Youth and Adult Ballet B
	7:30-8:30	Pointe B

**Schedule subject to change, based upon enrolment*

FOUNDATIONAL BALLET:

Offers students aged 7 to 12 the opportunity to explore and consolidate the technical and artistic foundations of classical ballet in the Russian Classical Style. This class provides an excellent introduction for students who are new to ballet, and allows students with beginning ballet training the opportunity to prepare for intermediate work. Dancers of all abilities and are welcome; modifications and variations of exercises will be given to suit all skill and experience levels. Class includes traditional barre, centre and across-the-floor work, as well as dance conditioning using leading methods such as Progressing Ballet Technique.

YOUTH AND ADULT BALLET:

Offers students aged 13+ the opportunity to explore the elegance and refinement of the Vaganova style, via a true dance class offering strength, flexibility, musicality and artistry beyond a barre class. Dancers of all abilities and are welcome; modifications and variations of exercises will be given to suit all skill and experience levels. Beginning dancers will focus on foundational technique, whereas intermediate and advanced dancers will be given progressively challenging work. Class includes traditional barre, centre and across-the-floor, as well as dance conditioning using leading methods such as Progressing Ballet Technique.

POINTE:

Offers students with previous pointe training the opportunity to develop and maintain strength, expand their technical prowess and explore repertoire via barre, centre and across-the-floor work. Dancers at all levels of pointe training are welcome; modifications will be offered for exercises to meet the needs of differing skills and experience. Students will also have the opportunity to learn classical variations. **Please Note: For safety reasons, participation in Pointe class is solely at the discretion of the instructor.*

FOUNDATIONAL WORKSHOP SERIES:

Offers students ages 7 through 12 the opportunity to explore a variety of concert dance styles; including modern and contemporary, contact improvisation, jazz, Latin, jive, and/or Afro Cuban dance. This series is a relaxed, flexible and fun way for students to try different forms of dance to see what they enjoy. The first three weeks of this class will be taught by Melissa Mahady Wilton, and the final three weeks of this class will be taught by Sam Crosby, whom we are thrilled to welcome to The Conservatory team!

YOUTH AND ADULT WORKSHOP SERIES:

Offers students aged 13 and above the opportunity to explore a variety of concert dance genres; including modern and contemporary, contact improvisation, jazz, Latin, jive, and/or Afro Cuban dance. This series is a relaxed, flexible way for students to immerse themselves in different forms of dance. Should they be interested in doing so, Youth and Adult Workshop participants will be eligible to begin learning works from Canadian dance icon Peggy Baker's Choreographer's Trust. The first three weeks of this class will be taught by Melissa Mahady Wilton, and the final three weeks of this class will be taught by Sam Crosby, whom we are thrilled to welcome to The Conservatory team!